



a Center of Excellence
for Children at UCP of Greater Cleveland



Steps to Independence®

Steps to Independence is the **intensive therapy program** at LeafBridge. This program is an **evidence-based** training model of increased frequency and duration of physical, occupational, and speech therapy to work on **achieving meaningful, functional goals**. It is a collaborative model of care that involves the therapists and the family working together on goal development, education, and carryover.

For best success in the Steps to Independence® program consider the following:

- **Is your child close to achieving 1-2 functional goals?**
- **Is your child pre- or post-surgery needing an overall boost in strength and endurance for functional activities?**
- **Is your child at risk for losing function due to current medical condition?**
- **Does your child tolerate at least 45-minute therapy sessions?**
- **Can you attend therapy 2-3 times a week, For 90-150 minute/session lasting 4-6 weeks?**

The Steps to Independence program supports childhood development by expanding a child's

- **Function**
- **Friends**
- **Fitness**
- **Future**
- **Fun**
- **Family**

Sign up now!



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